

# DANGEROUS SWORD DANCE

**15-HOUR INTENSIVE WITH SABINE, June 8-10, 2018**



Join us in beautiful Eugene, Oregon for a 3-day small-group dance intensive experience with swords! Created for intermediate to advanced dancers with some sword dance experience, the Dangerous Sword Dance Intensive includes 10 hours of single-sword and 5 hours of double-sword instruction; learn isolations, sword manipulations, flips and grabs, unique combinations, multiple balance points, troupe sword improvisational cues and transitions, floorwork, double sword balancing, musical interpretation, blocking an entire sword dance, and much more!

*Sabine has been studying sword dance for over 25 years. She has developed her own style of Raks al Sayf, blending traditional Middle Eastern dance movements and sword-balancing and isolation with martial arts, sword manipulation, and theatrical aesthetics. Sabine performs as a soloist and with her troupes, Tribulation and Azhaar, and directs Celebration Belly Dance studios in Eugene, Oregon. [www.celebrationbellydanceandyoga.com](http://www.celebrationbellydanceandyoga.com), [www.sabinedance.com](http://www.sabinedance.com) . Email: [sabinedance@gmail.com](mailto:sabinedance@gmail.com) .*



3 day intensive format, max 14 participants

- Friday June 8th, 3-7pm (4 hours, single sword)
- Saturday June 9th: 9:30-12:30, 2-5pm (6 hours, single sword)
- Sunday June 10th, 9:30-12, 1-3:30pm (5 hours, double sword)

Wooden prop swords provided. Some metal swords are available to loan. If you have a sword(s) you can bring your own. If you need to borrow sword(s) due to travel, email [sabinedance@gmail.com](mailto:sabinedance@gmail.com). No battle-ready swords. Please bring a scarf or head wrap, water bottle, notebook, kneepads (optional) and long skirt (optional).

### Dangerous Sword Dance Intensive Registration:

A non-refundable \$50 deposit is required to hold your spot. Balance due 3 weeks before the intensive (5/18/18).

\_\_\_ \$315 for full 15-hour intensive\*

\_\_\_ \$250 for 10-hour single sword only\*

\_\_\_ \$125 5-hours single sword Sunday only\* (only if you have previously taken Sabine's Intensive, please list intensive location and year \_\_\_\_\_)

\*All meal costs on your own. Optional daily lunch excursions, and group dinners on Fri and Sat evenings. Lodging and travel information available on our website at [www.celebrationbellydanceandyoga.com](http://www.celebrationbellydanceandyoga.com).

Legal Name: \_\_\_\_\_ Performance name? \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Please briefly describe your dance experience and your goals for taking the Dangerous Sword Dance Intensive? (attach a separate sheet if desired).

Any injuries or special needs I should know about?

Email or mail this registration form, and mail or paypal your \$50 deposit to confirm your spot. Balance is due May 18th. Make checks to Celebration Belly Dance and Yoga, or paypal: [sabinedance@gmail.com](mailto:sabinedance@gmail.com). Mailing address: 1840 Willamette St, suite 206, Eugene OR 97401. Questions? Email [sabinedance@gmail.com](mailto:sabinedance@gmail.com) or call 541-206-4152.